

# Breakfast

## Breakfast Entrées

**EGG WHITE & YOUNG SPINACH OMELET** Superfoods Rx gf Folded with sautéed onions, low-fat cheddar cheese, mini tomato & arugula salad 13.50

THE WESTIN CONTINENTAL Choice of orange, grapefruit or apple juice, fresh fruit plate, choice of pastry, butter, fruit preserves, coffee or tea 15.00

**SC SHRIMP & CRAB CAKE BENEDICT** Poached eggs, english muffin,

hollandaise sauce 17.00

**TRADITIONAL EGGS BENEDICT** Poached eggs, Canadian bacon, english muffin, hollandaise sauce 15.00

#### **EGGS YOUR WAY\***

Organic eggs done your way, hash browns, choice of sausage, bacon, grilled ham & toast or english muffin 13.50

#### **SMOKED SALMON CROQUE** MONSIEUR gf

Gluten-free bread, aged cheddar, fried egg, arugula, tomato & avocado salad 13.00

**GLUTEN FREE FRENCH TOAST** gf Maple caramelized apples & cranberries 16.00

**CRISP BELGIAN WAFFLE** Maple syrup, seasonal berries, whipped cream 13.50

**BLUEBERRY ORANGE GRANOLA** PANCAKES SuperFoods Maple syrup, whipped butter 13.50

**STEEL CUT CINNAMON** Green apples, walnuts, honey drizzle 8.50

Fruits + Yogurts

**BLUEBERRY ORANGE PROTEIN** SMOOTHIE SuperFoodsRx gf Banana, apple, soy milk 6.00

**MARKET FRESH FRUITS &** 

BERRIES SuperFoodsRx gf A bountiful selection of the season's best 10.50

**BOWL OF FIELD GROWN** BERRIES SuperFoodsRx gf A bright mix of the season's best 7.00

LOW-FAT OR GREEK YOGURT 6.00 WITH SEASONAL BERRIES 7.50 SuperFoodsRx\* gf

Westin Fresh by The Juicery

A menu of nourishing, revitalizing juices and smoothies curated by the experts at The Juicery. 7.50

MANGO, BLUEBERRIES, AVOCADO, ALMOND MILK SMOOTHIE gf

LYCHEE, BANANA, PINEAPPLE, VANILLA SMOOTHIE gf

CELERY, CUCUMBER, LIME, **COCONUT WATER** qf

CARROT, ORANGE, GINGER, MANGO, TUMERIC gf

## Side Orders

Smoked bacon, sausage links, chicken apple sausage, grilled ham 5.50

Organic stone grits 5.00

Crispy hash brown potatoes 5.00

## Cereals + Breads + Pastries

**CEREAL OR CRUNCHY** HOUSE MADE GRANOLA V Seasonal berries or sliced banana 7.50

**BERRY, APPLE & GRANOLA** MUESLI supercoulse: v Low-fat vanilla yogurt, banana, walnuts, pomegranate essence 10.50

FRESHLY BAKES PASTRY BASKET Croissants, danish, muffin, butter, honey, fruit perserves 7.50

FROM THE BREAD BASKET Choice of multi-grain, rye, sourdough, english muffin, whole wheat or white toast served with butter, & fruit preserves 3.00

**NEW YORK STYLE BAGEL** Philadelphia<sup>®</sup> cream cheese 6.00 With smoked salmon, capers, red onion, tomato 13.00

## Coffee + Tea + Milk + Juice

**FRESHLY BREWED STARBUCKS®** BLENDED COFFEE gf Regular or decaffeinated 4.50

Espresso 4.50

Cappuccino 5.00

Cafe latte 5.00

#### ASSORTED TAZO TEA gf 4.50

MILK Supervools gf Whole, non-fat, 2% , chocolate or soy 4.50

JUICE SuperFoodsRx gf Choice of grapefruit, apple, cranberry, tomato, orange, pineapple 4.50



Indicates a SuperFoodsRx<sup>™</sup> dish. SuperFoodsRx powerfully pairs together whole foods to boost nutritional composition and flavors.

gf - gluten free v - vegetarian

Service charges and government taxes are additional. Consuming raw or undercooked meats, seafood, shellfish or eggs may increase your risk of food-borne illness. ©2016 Starwood Hotels & Resorts Worldwide, Inc. All Rights Reserved. Westin and its logos are the trademarks of Starwood Hotels & Resorts Worldwide, Inc., or its affiliates. SuperFoodsRx is a trademark of SuperFoods Partners, LLC.