

# TAKE TIME FOR YOURSELF

## PACKAGES

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### HEAVENLY HILTON HEAD PACKAGE

80 minute Heavenly Spa Signature Massage  
80 minute Heavenly Body Treatment  
80 minute Signature Facial  
50 minute Signature Manicure  
50 minute Signature Pedicure  
Spa Lunch from our spa menu  
(6.5 hours - \$530.00)

### PORT ROYAL PERFECTION PACKAGE

25 minute Renewal Ritual  
50 minute Heavenly Spa Signature Massage  
50 minute Classic Facial  
50 minute Signature Manicure  
50 minute Signature Pedicure  
(4.5 hours - \$330.00)

### COUPLES SUITE PACKAGE

Indulge in a 50 minute massage followed by an invigorating salt or sugar scrub. Savor a spa beverage as you slip into a warm, therapeutic bath while cherishing memorable moments together.  
(80 minutes - \$345.00)

### AROMATHERAPY PACKAGE

50 minute Aspire Massage  
50 minute Revive Facial  
(2 hours - \$225.00)

### AROMATHERAPY PACKAGE

50 minute Aspire Massage  
50 minute Revive Facial  
(2 hours - \$225.00)

### GENTLEMAN'S PACKAGE

50 minute Heavenly Spa Signature Massage  
50 minute Gentleman's Facial  
Classic Manicure  
(2.5 hours - \$235.00)

### SPA SAMPLER

Petite Massage  
Petite Organic Facial  
Classic Manicure  
Express Pedicure  
(2 hours - \$195.00)

### WISH PACKAGE

Your wish is our command, choose any three 50 minute or 80 minute services and receive 10%\* off the entire package. Choose four or more and receive 15%\* off.

*For your convenience, a 20% gratuity will be added to the cost of your package and allocated among your service providers. Note this gratuity is adjustable upon checkout, based on your satisfaction with services received.*

*All treatments included in our packages must be received on the same day, by the same guest, and they are non-transferrable.*

*\*Packages may not be combined with any other discount or promotion.*

 Aromatherapy Associates experience

For reservations, please contact the spa to schedule your appointments. We require 24-hour notice for changes or cancellations. For your convenience, a 20% gratuity will be added to all services. Note, this gratuity is adjustable upon checkout, based on your satisfaction with services received.

## MASSAGES

### ASPIRE MASSAGE

Natural aromatherapy oils and diverse massage techniques are customized to answer one simple question: How do you want to feel?

*(50 minutes - \$125.00 or 80 minutes - \$180.00)*

### HEAVENLY SPA SIGNATURE MASSAGE

A heated compress invites back muscles to relax before a Swedish massage leaves you feeling physically rested and mentally uplifted. Renewal and relaxation come from the harmonious balance of scent and touch; light to medium pressure.

*(50 minutes - \$110.00 or 80 minutes - \$155.00)*

### PERFORMANCE MASSAGE

A therapeutic massage designed to release tension and stress, this massage technique and manipulations help to alleviate soreness, while enhancing range of motion with firm to deep pressure.

*(50 minutes - \$120.00 or 80 minutes - \$175.00)*

### COUPLES MASSAGE

Connect in a relaxing setting as you enjoy side-by-side Heavenly Spa Signature Massages in our couple's suite. This massage is a great way to spend time with your favorite person.

*(50 minutes - \$225.00 or 80 minutes - \$315.00)*

### HOT STONE MASSAGE

Warmed stones are positioned strategically on your body to maximize the therapeutic benefit. The heat from the stones helps your muscles relax, allowing the massage therapist to work more effectively, making it the most therapeutic and de-stressing massage possible.

*(50 minutes - \$130.00 or 80 minutes - \$185.00)*

### PEA IN THE POD MASSAGE

Using special pillows for the ultimate support, this nurturing and relaxing massage is designed for the new mom or the mom-to-be. (Not recommended during first trimester.)

*(50 minutes - \$115.00 or 80 minutes - \$170.00)*

### REFLEXOLOGY

Based on the theories of Chinese medicine, pressure points of the feet—corresponding to specific areas of the body—are stimulated for increased relaxation, circulation and internal healing.

*(25 minutes - \$75.00 or 50 minutes - \$110.00)*

### PETITE MASSAGE

This neck, back and shoulder massage is perfect for those of us with little time to spare. This massage is designed to help relieve tight muscles in those targeted areas.

*(25 minutes - \$75.00)*

## MASSAGE ENHANCEMENTS

The following enhancements may be added to any of our 50 or 80 minute massage treatments.

### RENEWAL RITUAL

An unforgettable and therapeutic scalp and shoulder massage with a hydrating hair oil treatment.

*(25 minutes - \$45.00 or \$75.00 a la carte)*

### FOOT REFRESHER

This treatment begins with a relaxing foot soak followed by an invigorating scrub and foot massage, and finishes with a hydrating foot balm. Featured treatment changes seasonally.

*(25 minutes - \$45.00 or \$75 a la carte)*

### BACK REFRESHER

This add-on treatment begins with a warm towel to relax, followed by a gentle exfoliation and a customized masque to help revitalize the hard-to-reach area, finishing with a whipped moisturizer intended to soothe and hydrate.

*(25 minutes - \$45.00 or \$75 a la carte)*

### AROMATHERAPY

Aromatherapy is the use of essential oils in combination with your massage to achieve therapeutic benefits and promote overall health and well-being. No extra time needed.

*(\$15.00)*

### SHEA BUTTER

Rich, aromatic Shea Butter (you choose your favorite scent) is applied for a deeply moisturizing experience. This enhancement requires no additional treatment time.

*(\$15.00)*

### HEAVENLY HANDS AND FEET


This paraffin alternative treatment is truly a healthy, nourishing hand/foot treatment because it is made with 100% natural plant-based emollients and pure essential oils that moisturize and leave the skin soft and supple. This enhancement requires no additional treatment time.

*(\$15.00 per/\$25.00 both)*

### Let Go

Close your eyes, and allow your mind to be free. Breathe deeply, and let the tension slip away with each breath. Remember, this time is for you.

# FEEL ALIVE AND INSPIRED

 Aromatherapy Associates experience

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# EXPERIENCE TOTAL RELAXATION

## Heavenly Spa by Westin™ Accessories

Take your spa experience home or share it with someone special, with a selection of signature products and custom gift baskets. For more information, please call 843.681.1019.

## BODY TREATMENTS

### COCONUT CABANA BODY TREATMENT

Revitalize your body with this uplifting beach blend of coconut and pineapple. A creamy, whipped, gentle cleanser exfoliates the skin with sugar and shea butter, and it is followed by a cooling bentonite clay, active yogurt and wild oat mask to soften and refine. This treatment concludes with a whipped body crème designed to soothe and hydrate the skin.

(50 minutes - \$120.00)

### ENERGIZE SCRUB

The body is scrubbed using a personalized aromatherapy body wash and natural exfoliating olive grains, leaving the skin feeling smooth and the mind energized.

(25 minutes - \$75.00)

### SEASONAL BODY TREATMENT

Give your body a nourished healthy glow with natural ingredients created for each season.

Exfoliation with 25 minute Massage  
(50 minutes - \$115.00)

Exfoliation Wrap and 25 minute Massage  
(80 minutes - \$175.00)

### HEAVENLY BODY TREATMENT

A restorative treatment for the entire body, this service includes a mild exfoliation and fine sea salt scrub of the body, followed by a warm gel wrap to help increase blood circulation and elasticity. This toning treatment concludes with a relaxing and nourishing massage.

(80 minutes - \$175.00)

## SUN AND BODY

### POST-SUN BODY TREATMENT

The perfect retreat after a day at the beach, this post-sun ritual envelops you in a cooling wrap to soothe and moisturize your body. Rich in antioxidants and vitamins that heal and nourish sunburned skin, a cooling gel is gently smoothed over you and is finished off with a scalp massage and hair treatment. Your entire body will feel protected and revitalized.

(50 minutes - \$115.00)

### SUNLESS BRONZING

This body-bronzing system will deliver a natural looking, flawless glow without the harmful effects of the sun. In preparation, please arrive freshly showered, shaved, exfoliated and free from moisturizer. To enjoy lasting effects of this treatment, you'll need to refrain from showering, swimming or exercising for at least six hours.

(25 minutes - \$75.00)



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## FACIAL TREATMENTS

Our facials extend beyond the face as our 50 and 80 minute facials include a hand and arm massage. Our 80 minute facials also include a scalp massage, as well as a NuFace® Microcurrent treatment. All of our facials include a deep cleanse with our professional Clarisonic® brushes, and are customized with products that are specifically designed for your skin type. Both our Signature and Classic facials also have an organic option.

We use G.M. Collin® Clinical Skincare or Eminence® Organic Skin Care products. You may choose at the time of booking or let your professional Esthetician help choose the right facial line for you.

### SIGNATURE FACIAL (ORGANIC OPTION AVAILABLE)

This results-driven facial will be tailored to address your skin care needs and goals. From reversing the signs of aging to addressing hyperpigmentation, this facial will deliver strong results while still offering relaxation and serenity. (50 minutes - \$140.00 or 80 minutes \$180.00)

### CLASSIC FACIAL (ORGANIC OPTION AVAILABLE)

This facial is personalized and designed to cleanse, exfoliate and hydrate the skin, leaving the skin feeling renewed and supple. It is great for all skin types. This facial includes a deep cleanse, exfoliation, extractions, if needed, massage and mask. (50 minutes - \$125.00)

### REVIVE FACIAL

A soothing, relaxing "extraction-free" aromatherapy facial. Aromatherapy oils are customized based on how you want to feel after the treatment. (50 minutes - \$125.00)

### GENTLEMAN'S ORGANIC FACIAL

This organic facial for men is specifically formulated to meet male needs, which are often associated with skin sensitivity due to shaving and dullness. This treatment will leave your face thoroughly cleansed, deeply hydrated and protected. (50 minutes - \$115.00)

### PETITE ORGANIC FACIAL

For the guest on-the-run seeking a quick deep cleanse and glow, this organic facial is perfect as an add-on to another spa service. It includes a cleanse, exfoliation, mask and moisturizer. (25 minutes - \$75.00)

### TEEN'S FIRST ORGANIC FACIAL

This organic facial is optimized for ages 12-16. In-depth consultation and education make this facial unique and completely customized. Includes a deep cleanse, purifying masque and the best on-going treatment recommendations. This facial begins proper life-long skin care. (25 minutes - \$60.00)

## FACIAL ENHANCEMENTS

The following enhancements may be added to any of our 50 or 80 minute facial treatments.

### MICRODERMABRASION

Refresh your skin with this non-invasive skin resurfacing treatment. Outer layers of the skin cells are removed, stimulating collagen production and cellular renewal. (15 minutes - \$40.00 or 35 minutes \$125.00 a la carte)

### COLLAGEN MASK

Help diminish fine lines and delay collagen depletion and stimulate cellular regeneration with this facial enhancement. Includes a relaxing scalp, neck and shoulder massage. (25 minutes - \$45.00)

### MICROCURRENT INSTANT FACE LIFT

An instantly gratifying and more youthful appearance is achieved using non-surgical microcurrent technology. (15 minutes - \$20.00)

### RENEWAL RITUAL

An unforgettable aromatic and therapeutic scalp and shoulder massage with a hydrating hair oil treatment. (25 minutes - \$45.00 or \$75.00 a la carte)

### DE-STRESS EYE SLICES

Targeting puffiness, dark circles, tiredness, redness and wrinkles all in one product! Results are visible within one application due to the efficacy of the dermal delivery system. This 100% organic whole leaf aloe extracts, cools and soothes. Eye Slices are applied during treatment and you are sent home with a supply good for up to two weeks. No extra time needed. (\$30.00)

### FOOT REFRESHER

This treatment begins with a relaxing foot soak, followed by an invigorating foot scrub and foot massage, and finished with a hydrating foot balm. Featured treatments change seasonally. (25 minutes - \$45.00 or \$75.00 a la carte)

### HEAVENLY HANDS AND FEET

This paraffin alternative treatment is truly a healthy, nourishing hand/foot treatment because it is made with 100% natural plant-based emollients and pure essential oils that moisturize and leave the skin soft and supple. This enhancement requires no additional treatment time. (\$15.00 per/\$25.00 both)

### Arrive Early

Arrive 30-60 minutes before your first service, and enjoy the steam room, sauna, whirlpool or a warm shower. It's a great way to relax and warm your muscles, aiding the therapeutic benefits of our treatments and services.

# FACE THE DAY WITH A SMILE

 Aromatherapy Associates experience

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# DISCOVER A NEW YOU

## HEAVENLY NAILS

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### SIGNATURE MANICURE/PEDICURE

Indulge yourself in luxury; this complete service is performed using only the most pampering products to enhance hand and foot beauty. Our nail experts will provide an extended massage, exfoliating scrub, a hydrating mask and customized nail care.

*(Manicure- \$50.00/Pedicure- \$60.00)*

### CLASSIC MANICURE/PEDICURE

Maintain beautiful hands and feet all year long. This service provides nail shaping, polish, a hydrating moisturizer, plus a relaxing massage.

*(Manicure- \$35.00/Pedicure- \$45.00)*

### “MAN”ICURE

This treatment will calm and restore over-worked hands. Includes a gentle exfoliation, moisturizing massage and nail shaping.

*(\$35.00)*

### ICE CREAM MANICURE/PEDICURE

Choose your favorite ice cream flavor for the soak, scrub and moisturizer. Finish this delectable service with an ice cream voucher from Carolina Café.

For ages 5-11 only.

*(Manicure- \$20.00/Pedicure- \$35.00)*

### FINISHING TOUCHES

We kindly request that “Finishing Touches” be communicated to spa reservations at the time of booking to ensure adequate time for any special add-on services.

- Polish Change, Hands or Feet *(\$15.00)*
- French Polish Change, Hands or Feet *(\$25.00)*
- French Polish, Add-On *(\$10.00)*
- Gel Polish Change, Hands or Feet *(\$25.00)*
- Gel Polish, Add-On *(\$15.00)*
- Gel Polish Removal *(\$10.00)*
- Nail Art *(\$5.00 and up)*
- Heavenly Hands or Feet, Add-On *(\$15.00)*

## HEAVENLY SALON

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### HAIR

- Shampoo & Style *(\$50.00+)*
- Shampoo, Cut & Style *(\$65.00+)*
- Men's Haircut *(\$25.00+)*
- Kid's Cut *(\$25.00+)*
- Kid's Cut, Shampoo & Style *(\$35.00+)*
- Bang/Beard Trim *(\$5.00)*
- Special Style *(\$75.00+)*
- Relaxer *(\$60.00+)*
- Permanent or Body Wave *(\$95.00+)*
- Single Process Color *(\$99.00+)*
- Partial High/Low Lights *(\$69.00+)*
- Full High/Low Lights *(\$139.00+)*
- Additional Colors *(\$15.00 each)*
- Additional Foils *(\$10.00 each)*
- Deep Conditioning Masque *(\$20.00)*

*Prices listed above reflect a starting price based on length, style and thickness of hair.*

### MAKEUP

- Mineral Makeup Application *(\$65.00)*
- Airbrush Makeup Application *(\$95.00)*
- Eyebrow Tinting *(\$45.00)*
- Eyelash Tinting *(\$35.00)*
- Flare Eyelash Extension *(\$35.00)*
- False Strip Lashes *(\$15.00)*

### WESTIN WEDDINGS

- Consultation *(15 minutes FREE)*

*Please see our Wedding Spa Coordinator for pricing on Bridal and Bridal party hair and makeup.*

### WAXING

- Lip, Chin or Brow *(\$20.00 each)*
- Full Face: Chin, Lip, Cheeks *(\$50.00)*
- Underarm/Half Arm/Full Arm *(\$30.00/\$30.00/\$60.00)*
- Half Leg/Full Leg *(\$40.00/\$70.00)*
- Bikini/Extended Bikini *(\$55.00+/\$65.00+)*
- Brazilian *(\$80.00+)*
- Back/Chest *(\$55.00+)*